

COLDPRESSED

# the Good Oil



50% LESS  
SATURATED FAT  
THAN OLIVE OIL

IDEAL FOR FRYING,  
ROASTING, DRESSING  
AND BAKING

GROWN  
AND PRESSED IN  
NEW ZEALAND

## SLOW ROASTED CHERRY TOMATOES

### Ingredients:

- 1 punnet cherry tomatoes
- 1 Tbsp The Good Oil
- 1 Tbsp balsamic vinegar
- 2 tsp brown sugar
- 1 Tbsp fresh basil leaves
- Sea salt & ground pepper

### Method:

Preheat oven to 170 C and line an oven tray with baking paper.

Place cherry tomatoes on prepared tray, drizzle with oil and vinegar. Sprinkle with brown sugar. Season generously with sea salt and freshly ground black pepper.

Roast for 30–35 minutes, until tomatoes are tender and skins burst.

Sprinkle with basil, sea salt & freshly ground pepper.

Serve Warm